

DR. CRYSTAL JONES SOUND THERAPIST | COACH | BREATH WORKER



Where disruption
and clarity
meet

Dr. Crystal Jones

THERE IS A SIGNIFICANT
DIFFERENCE BETWEEN

"All are welcome."

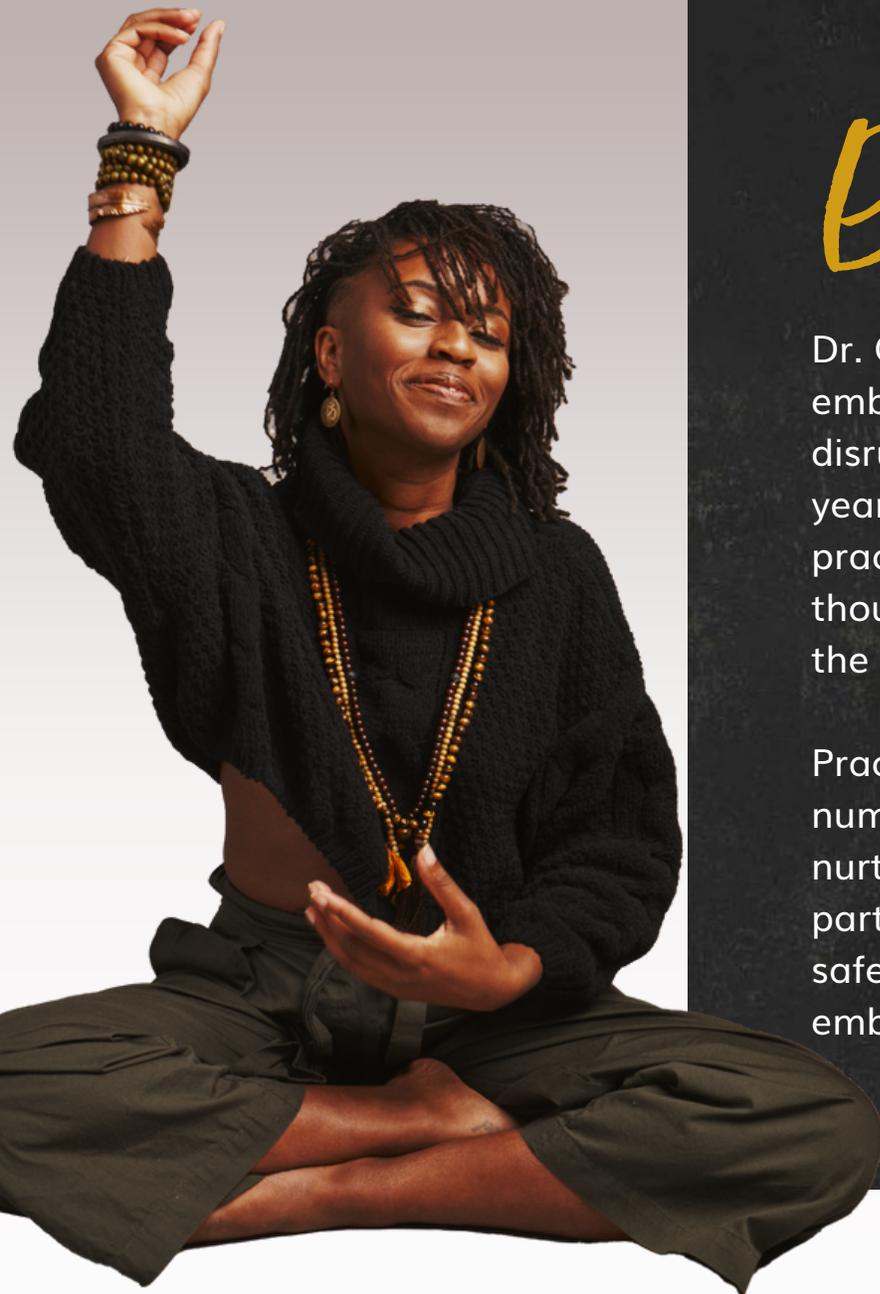
and

"This was created with you in mind."

DR. CRYSTAL JONES

AS SEEN IN

ESSENCE **SXSW** Forbes Google



Bio

Dr. Crystal Jones is the experiential embodiment of intentional presence, disruption and clarity. With over fifteen years of experience as a consultant, practitioner, teacher, and student, her thought leadership has been felt across the globe.

Practiced, certified and licensed in numerous modalities, she has a knack for nurturing brave atmospheres for folks, particularly Black + queer folks, to reclaim safety as they heal through the power of embodied liberation and imagination.

Stats



COMPANY PARTNERSHIPS

Google
Lyft
The Village Market Atl
Blk + Grn
Disney
National Urban League
Pfizer
21Nintey
Black Girl In Om

PepsiCo
SXSW
OMNoire
Facebook
DePaul University
Essence Fest
Coca Cola
Adidas
Emory University

INSTAGRAM

14.1
FOLLOWERS

TWITTER

4.1
FOLLOWERS



Why Dr. Crystal

When you work with Dr. Crystal Jones, you are committing to the process of disruption. In the most honest way, this is where her magic illuminates. She has a keen ability of supporting her clients while pinpointing gaps between intention and impact through strategic curiosity.

Her lighthearted approach creates a brave space for this inevitable shift to be sustainable. The outcome measure is the holistic well being of the people.

TO BE CLEAR, THIS WORK IS ABOUT SPECIFICITY.
DR. CRYSTAL JONES **IS NOT** A DIVERSITY, EQUITY,
AND INCLUSION CONSULTANT.

Testimonials

Hosting a fireside chat with Dr. Jones was an extremely impactful event at Google. Dr. Jones came to speak at Google the week of George Floyd's murder. She was able to talk about the importance of mindfulness in the workplace, specifically for the black community, during a very difficult time emotionally for many of the participants. She not only explained the benefits of mindfulness practices, meditation, and therapy for people in the black community to our group of over 50 attendees; but more importantly she left the entire group feeling refreshed and hopeful despite being in a very dark time. Participants provided feedback that the session was exactly what they needed while balancing showing up at work with navigating the racial injustices that exist in our country today. Thank you Dr. Jones for your amazing ability to uplift and motivate an entire community. We look forward to having you back.

J. Ahoni, Google

Dr. Crystal is an extremely gifted and talented human being. Her ability to heal and connect with individuals across the spectrum of race and gender is remarkable. Her authenticity fills me with joy and gives me comfort in sharing the most intimate aspects of my life's journey. In essence, Dr. Crystal is a light that consistently exudes love.

T. Williams, Cultivating Cultures

Dr. Crystal Jones began supporting me and the Black Girl In Om team as our spiritual advisor. All year, she held radical space for us to breathe easy—in alignment with what we cultivate for our global community—from attending our team retreat and providing support for us to be vulnerable, to offering 1:1 conversations year-round. As the founder of a community that emphasizes self-care, self-love, and healing for black women, and as a wellness practitioner, I'm accustomed to thinking of others more than myself and have been socialized to believe that it's normal to extend myself sometimes beyond my capacity. As you can imagine, this is exhausting and is counter to the very work I promote to my community. Dr. Crystal Jones has reminded me, and my diligent, focused team, to pour into ourselves, consider our emotional and spiritual needs, invite inquiry into our own individual spirit's and our inner spiritual knowing. Her ability to communicate this with love, gentleness, and wisdom is an absolute gift.

L. Ash, Black Girl In OM

Partnership Inquiry

HIRE DR. CRYSTAL JONES FOR SPEAKING
ENGAGEMENTS, CONSULTING, AND EVENTS



Available For...

Affirmative and Engaging Well Being Initiatives
with a specific emphasis on Black and Queer
Folks

Strategic execution of emotionally, physically,
and mentally brave and effective
activations/events

Guidance centered around quality care being
offered by health care/adjacent practitioners.

[BOOK DR. CRYSTAL](#)

EMAIL

connect@drcrystaljones.com

INSTAGRAM

[@drcrystaljones](#)

LINKEDIN

[Dr. Crystal Jones](#)